



July 2011 Newsletter

The Family Connection
127 N. Main
Mt. Pleasant, IA 52641
385-4090



Family Connection Parenting Class—July 5th

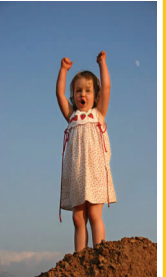
Summer Fun

All winter long, we are stuck inside, and can't wait for warmer weather to arrive. Now that it's here, it can be hard to find things for active children to do! Come to class tonight and learn some games and activities that can keep kids busy. We will also discuss important safety tips to keep in mind during the summer months.

Family Connection Parenting Class—July 19th

Praising Children and Their Behavior

Want to make your children feel like a million bucks? On July 19th our topic will be Praising Children and Their Behavior. Come find out about the types of praise, how praise helps children (and adults) feel good about themselves, and practice using praise.



Family Connection Park Night!!!

Our Family Connection Park Night this year will be on August 2nd at 6:00 p.m. It will be held out at Saunders Park, and we will have ice cream, fun, and games. The Park Night is a tradition we look forward to every year, and we hope to see everyone out there!



Upcoming Healthy Toddler Classes

Tuesday, July 19th at 9:30 a.m. & Thursday, July 28 at 6:30 p.m.

We will continue our discussion on concerns that occur when a young child refuses to eat certain foods that are needed for good health or will only eat the same foods over and over. We will learn how to cooperate with a child, encourage healthy eating, and avoid power struggles.

PHT Cookbook

In conjunction with this lesson, I will be putting together another PHT Cookbook. So bring your family's favorite recipe or two to class in July or e-mail it to me, and I will compile them into a FREE book for everyone in the group to enjoy!



JULY 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Office Closed	5 Madres Parent's Class	6 Farmer's Market	7 Madres	8	9 Farmer's Market
10	11	12	13 Farmer's Market	14 F.U.T.U.R.E.S	15	16 Farmer's Market
17	18	19 PHT, 9:30 am Parent's Class	20 Farmer's Market	21	22	23 Farmer's Market
24 31	25	26	27 Farmer's Market	28 F.U.T.U.R.E.S PHT, 6:30 pm	29	30 Farmer's Market

July Classes for Family Connection:

July 5th—Summer Fun

July 19th—Praising Children and Their Behavior

AUGUST 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Park Night 6 pm	3 Farmer's Market	4	5	6 Farmer's Market
7	8	9	10 Farmer's Market	11 F.U.T.U.R.E.S.	12	13 Farmer's Market
14	15	16 Parent's Class	17 Farmer's Market	18	19	20 Farmer's Market
21	22	23	24 Farmer's Market	25 F.U.T.U.R.E.S.	26	27 Farmer's Market
28	29	30	31 Farmer's Market			

August Classes for Family Connection:

To be announced

The Family Connection—improving the quality of life for children and parents.