

THE FAMILY CONNECTION

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HOURS OF OPERATION

MON-THUR 10:00-3:00

The Family Connection



July Newsletter

THE FAMILY CONNECTION

JULY 2010

WHAT'S UP THIS MONTH:

- **Want to know more about joining Partners for a Healthy Baby or Toddler programs? Give us a call at 385-4090 for more info.**
- **Check out the Farmer's Market every Saturday from 8:30-11:00am and Wednesday from 4:30-6:30pm at McMillian Park. Fresh produce, baked goods, jams and jellies, plants and flowers are all available at the Farmer's Market!**
- **Rock the Block! Friday evenings in July, starting at 5:30, you can find food, music, and family activities on the square.**
- **The Henry County Fair is the 12th-17th. Come enjoy the fun, food, animals, and rides!**

He Said What?!

"One night my husband and I told our 6-year-old daughter, Caitlin, to stand in the corner for talking back. On the way there we heard her mumble, "I'm in the corner so much I need a vacation!"
—taken from Parents Magazine



Changes for Family Connection

Change is in the air here at The Family Connection. I thought I would take a moment and update you on what will be happening this summer. Effective immediately, the parenting class will be held on the first and third Tuesdays of the month, not every week, and there will be one class, from 5:30-6:30. Everybody is welcome at that class. The Madres will be meeting on the same Tuesdays, but from 4:15-5:15. These changes will allow us to cut the budget, which is necessary, but still continue having class.

The focus of The Family Connection is moving towards personal visits with our families, of which many of you are aware. We feel that it is very hard to get to know you during class, especially since some people are not comfortable speaking up in a group. When we look back on the year, we cannot be sure we've done all we can for you if we are not truly aware of your unique situation. Therefore, it is now required that everyone who is enrolled in The Family Connection be meeting with either myself, Jenny, or Stephanie. If we have not gotten to you to schedule a visit, please let us know and we will add you. We want to make sure that everyone is getting the individual attention they deserve. Because we are putting so much emphasis on visits, they are receiving the highest number of points. Each time you do a visit with a member of our staff, you will receive 300 points.

The class will continue to be 100 points, but points will only be awarded to families if they have a child under the age of three. After their child's third birthday, they are absolutely welcome to come to class, but they will not receive points. They will, however, receive points for their individual visit. One very fun change to parenting class is that Jenny Petty will be co-teaching with Amy. She is a wonderful person who will bring lots of laughs and great ideas.

Sadly, we have a couple programs that we will not be able to continue. We did not receive funding for Chic Chat or Dad's Class. We are sorry we will no longer be able to facilitate those two groups as we have greatly enjoyed them; however, we encourage you to continue meeting on your own. There is a vast amount of support to be found in small groups, and you don't have to lose that simply because it will not be on an official basis.

As always, you are welcome to come to us with any questions or concerns. We want to help in way we can.

—Amy Clark
Family Support Specialist

Tips from Moms

Even the best mom can use some help from time to time. Here are some tips I have found from real moms, courtesy of Family Fun magazine:

**Got a child who collects "treasures" from nature? Decorate a clay flowerpot or other weather-safe container. Place it by the door, and your child can keep her treasures safe—and out of the house!

**To help your child learn the days of the week, make a weekly calendar and stick it on the refrigerator. Each day can be a differ-

ent color. Place a magnet on the current day. When something fun is coming up, refer to both the day and the color on the calendar.

**Love the beach but can't go this summer? Dump brown sugar onto a cookie sheet and use measuring cups and bottle lids to make castles out of your "sand".


**Having trouble getting out the door in the morning? Put an alarm clock in your kitchen, and set it for 10 minutes before you need to leave. When it goes off, hit the snooze button and warn everyone that you only have 10 more minutes.

**When it's time to try on last season's (or an older sibling's) clothes to see what fits, make it fun by having a fashion show.

**To teach your kids about letters, write a letter on a paper bag, then put three or four objects that start with that letter inside the bag. Have your child close his eyes and pull out an object. Talk about what he found.



 **JULY 2010** 

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 	5 Office closed	6 Madres Parent Class	7 Farmer's Market	8 F.U.T.U.R.E. 5:30 pm	9	10 Farmer's Market
11	12	13	14 Farmer's Market	15	16	17 Farmer's Market
18	19	20 Madres Parent Class	21 Farmer's Market	22 F.U.T.U.R.E. 5:30 pm	23	24 Farmer's Market
25	26	27 PHT, 9:30	28 Farmer's Market	29 PHT, 6:30 pm	30	31 Farmer's Market

For more information on Partners for a Healthy Toddler (PHT) please call us at 385-4090

Class Times

- Parent Class
5:30-6:30 pm
- Madres
4:15-5:15pm



Parenting Class

Partners for a Healthy Toddler

July 6

4:30-5:30pm and 6:00-7:00pm

Toddler Development

Join us as we talk about the many milestones achieved during this time and what to do about those temper tantrums!

July 20

5:30-6:30 pm

Family Interaction Night

Get on the floor with us and learn ways to interact with your child that are fun for everyone and encourage healthy development.

July 27th and 29th

Jenny Petty's group will be learning more about Love and Logic. If you were not able to make it last month, come and learn about this effective discipline method. Get a *free* copy of the book Love and Logic Magic for Early Childhood. If you did come last month, share how things are going and ask any questions you may have thought of since last time.

Henry County Fair

On July 15th, there will be lots of fun activities for kids at the fair. The Snake Man will be talking about snakes at 10:00 am and 6:30 pm. He will have some with him to show the brave audience members! There will be a puppet show at approximately 10:30 am and 5:15 pm. There will also be Safety Town from 3:00-5:00 and you can purchase a bike helmet for your child for \$5.00. Lastly, there will be a kids carnival from 5:00-6:30. A whole day of fun for you and your family!


AUGUST 2010


Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Madres Parents Class	4 Farmer's Market	5	6	7 Farmer's Mar- ket
8	9	10	11 Farmer's Market	12 F.U.T.U.R.E. 5:30 pm	13	14 Farmer's Market
15	16	17 Madres Parents Class	18 Farmer's Market	19	20	21 Farmer's Market
22	23	24 Family Park Night	25 Farmer's Market	26 F.U.T.U.R.E. 5:30 pm	27	28 Farmer's Market
29	30	31				

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Class Times

- Parent Class
5:30-6:30 pm
- Madres
4:15-5:15pm



Parenting Class

August 3

5:30-6:30 pm

Preschool Development

Tonight we will be discussing what you can expect from your child when she's a preschooler, why your child behaving that way, and what you can do to encourage positive behavior and growth.

August 17

5:30-6:30 pm

Family Interaction Night

Get on the floor with us and learn ways to interact with your child that are fun for everyone and encourage healthy development!

Partners for a Healthy Toddler

Family Park Night!

Where: Saunders Park

When: August 24th. Time to be determined.

Why: to have fun!

Come enjoy the food, fun, and games!