

**THE FAMILY CONNECTION**

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**HOURS OF OPERATION**

MON-THUR 8:00-3:00

# The Family Connection



## April Newsletter



THE FAMILY CONNECTION

APRIL 2010

**WHAT'S UP THIS MONTH:**

• **Don't forget the dads!** Randy Cermak is the fearless leader of our Dad's Class, which meets the second and fourth Tuesdays of each month, from 6:00-7:00.

• **ArtAttack is at the library!** Check out all the artwork done by children in our community.

• Celebrate children and families with us on April 27th, as we do lots of fun crafts together.

• Chic Chat will only meet once this month, on April 18th, due to Easter.

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### April is Child Abuse Prevention Month

Nobody likes to think about a child being hurt, especially by her parents, but sadly all too often it happens. Even good parents can fall victim to their temper or frustrations. This month, let's help prevent child abuse by focusing on positive and fun things you can do with your child:

1. giggle together
2. Bury a family time capsule and dig it up five years later
3. Have a backward dinner—serve dessert first!
4. Take pictures and then look at them together
5. Ask your child to draw a portrait of your family and then frame it
6. Praise and encourage your child daily
7. Take family walks after dinner
8. Sit down at the table together to eat meals
9. Give your child choices about what to wear, eat, do, etc.

Try these out and share them with a friend. And remember, if you find yourself getting angry and you need a break, take one! Call a friend or take a walk.

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### MONTH OF THE YOUNG CHILD



In addition to being Child Abuse Prevention Month, April is also Month of the Young Child (Hmm, I sense a connection there!). In Henry County, there are many opportunities this month for you to have fun with your child and celebrate all the joys that come with having children in our lives.

If you have been to the library lately you probably noticed all the lovely artwork decorating the walls and shelves. Art Attack has once again taken over the library, thanks to Anita Hampton and the efforts of children and daycares all over town. Check out the creative masterpieces!

At the Family Connection, we will be celebrating children and mothers on April 27th, when both parenting classes will be able to do lots of fun crafts with their children and we will also make a special Mother's Day gift for you to take home.

Jenny Petty will be starting her Partners for a Healthy Toddler back up after her maternity leave, and she and Stephanie Gardner are planning a fun PHB/PHT playgroup event.

Part of being a good parent is modeling safe behavior for your children. One safe behavior you can demonstrate is to refrain from using your cell phone

while you are driving. This month various organizations in the community will be coming together to do a free assembly on the dangers of texting and talking while driving. For information on attending an assembly, contact Tessa Yakle at 385-6595.

We hope you will take this month to enjoy some of the opportunities for families in Henry County this month. Let's get outside, enjoy the spring weather, and have fun with our children!





# APRIL 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 <b>Easter</b> 	5	6 <b>Madres Parents Class</b>	7	8 <b>F.U.T.U.R.E.</b>	9	10
	12	13 <b>Madres Parent Class Dad's Class</b>	14	15	16	17
18 <b>Chic Chat</b>	19	20 <b>PHT, 9:30 am Madres Parent Class</b>	21	22 <b>Earth Day PHT, 6:30 pm F.U.T.U.R.E.</b>	23	24
25	26	27 <b>Madres Parent Class Dad's Class</b>	28	29	30	

## Class Times

- Parent Class  
4:30-5:30pm and 6:00-7:00pm
- Madres  
4:30-5:30pm
- Chic Chat  
4:00-5:00 pm
- Dad's Class  
6:00-7:00pm



## Join Us for a "Hopping" Good Time at Parent Classes Every Tuesday Night!



### April 6th

**Learning to Say Good-bye**  
4:30-5:30pm and 6:00-7:00pm

Helping our child through separation anxiety is only the first of many times we will have to deal with the pain of saying good-bye. Come learn with us about the many times we have to deal with saying good-bye and how to make it as smooth and pain-free as possible.

### April 13th

**A Celebration of Culture**  
4:30-5:30pm

Different people, different cultures. Differences make us interesting! Our 4:30 class will be joined by the Madres and we will learn about each other's traditions and parenting styles.

6:00-7:00 pm

You don't have to leave the state to find a culture different from your own. Each family has a unique culture of its own. We will continue the celebration by comparing our own traditions and parenting styles.

### April 20th

**Smoking and my Child's Health**  
4:30-5:30pm and 6:00-7:00pm

Tonight is the start of a series on making healthy decisions. How does smoking while you're pregnant hurt your baby, and what exactly is the deal with second-hand smoke? Come find out!

### April 27th

**Mother's Day Activities**  
4:30-5:30pm and 6:00-7:00pm

April is Month of the Young Child. Let's celebrate by doing fun crafts and activities with our children! We will also be working on a special Mother's Day activity, so bring your child and be ready to have fun!