

Back by popular demand...

Healthy Henry County Communities Rec Trail Event!

Another fun way to get active and help Iowa become
the healthiest state in the nation!



healthiest
— state —
initiative

Pumpkin Patch Event at the Rec Trail

Saturday, October 15th 4-6pm

Trail site: South edge of campground at Old Threshers

Bring the whole family and enjoy the fun at the 2011 Pumpkin Patch Event! Enjoy games, face painting, fun health and fitness booths, Halloween safety activities, Charlie Brown and friends, and other fall activities while exploring a new part of Mt. Pleasant's recreational trail.



This event is FREE to all! Donations accepted.



Directions: Enter off Walnut Street at Gate 13 of the campground.
For more information call Kelly at 385.6523

Sponsored by:  Healthy Henry
County Communities



Learn more at: www.HealthyHenryCounty.org
or www.facebook.com/HealthyHenryCounty

*Flip over to learn how you can join other Iowans and "Start Somewhere"!
Register at both events and be entered into a prize drawing for Hy-Vee gift cards and more!*

Walk for a better and healthier Iowa!

Together, let's take the first steps toward becoming one of the healthiest communities as Iowa works to become the healthiest state in the nation!

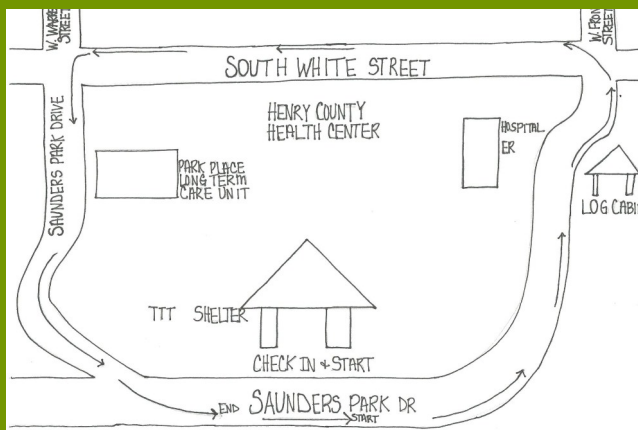


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 **start walk** Friday, October 7th, 12-1pm
somewhere

We all have to start somewhere, so let's start by joining the whole state and taking a 1K walk in our community. That's only .62 miles!

Join us at the Shelter House at Saunders Park:



Sign up online and pledge your support for Henry County!

Visit

www.iowahealthieststate.com

and click TAKE THE PLEDGE

Take the pledge online to walk with us and help Iowa break the Guinness Book of World Records for most people walking a 1K at the same time!

PARTICIPATING ORGANIZATIONS:



HENRY COUNTY HEALTH CENTER
CARE YOU TRUST. COMPASSION YOU DESERVE.

Flip over to learn about another fun event for the whole family! Register at both events and be entered into a prize drawing for Hy-Vee gift cards and more!