

### Did You Know That in Henry County...

- 30% of 11th graders agreed that they would be **more popular** in their school if they drank alcohol.
- 77% of 11th graders said it is **easy** to get alcohol.
- 51% of 11th graders say that students at their school **do not treat each other with respect**.
- 26% of 11th graders say that their parents would think it is **not wrong** or only a little wrong for them to **drink without their parent's permission**.

### But Did You Also Know...

- 72% of Americans say that raising children is the responsibility of parents **with the support of others in the community**.
- More than three-quarters (78 percent) of youth indicate that **they turn to their parents** for advice and guidance in times of need, according to a recent national survey conducted by the YMCA.
- 97% of 11th graders agree that it is **important to help** other people.
- 79% of Henry County youth agree that their **teachers care** about them.

## **WE WANT YOU!**

There are several ways you can become involved with the HCSAC. Please call or email us today!

## **WE NEED YOUR SUPPORT!**

Your participation in the HCSAC is vital to help reduce substance abuse in our communities!

**Meetings held on the 2nd Monday of each month.**

**11:30 am-1:00 pm**

**Henry County Health Center**

**Health Education Center**

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**Henry County Substance Abuse Coalition**

#### **Henry County Extension Office**

Jennifer Lehman  
127 N. Main  
Mt. Pleasant, IA 52641

Phone: 319-385-8126  
E-mail: [lehmanj@iastate.edu](mailto:lehmanj@iastate.edu)

#### **Henry County Sheriff's Office**

Chris Sywassink  
106 E. Clay  
Mt. Pleasant, IA 52641

Phone: 319-385-2712  
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**Henry County**  
**Substance Abuse Coalition**  
Community • Education • Law Enforcement • Healthcare

Working for all members of Henry County to share the knowledge, values and commitment to create and maintain a safe, drug-free environment.

**An Action Team of  
Healthy Henry  
County  
Communities**



Phone: (319) 385-8126 or 319-385-2712  
[www.healthyhenrycounty.org/drugfree.htm](http://www.healthyhenrycounty.org/drugfree.htm)

# Henry County Substance Abuse Coalition

## Mission:

The mission of HCSAC is to reduce substance abuse in Henry County by promoting collaboration, education, and activities designed to meet the identified needs of the community.

### Active/Core Member

- Commits to being at the monthly meetings
- Makes decisions for the Coalition
- Participates in sub-committees of interest
- Is willing to have their name and number listed as a community at large member for residents to ask questions
- Be willing to participate in promotion of the Coalition

### Resource Board Member

- Supports efforts of the Coalition but cannot be committed to regular monthly attendance of meetings
- Willing to share their area of expertise with the group when asked
- Wishes to be kept informed with monthly meeting agendas and board minutes so they can attend meetings when possible

### Associate Members

- Cannot commit any time at the present
- Would like to receive quarterly updates of progress
- Willing to be contacted as needed for information or specific ideas/needs



## GET INVOLVED

- ✓ Red Ribbon Week
- ✓ Community Forums
- ✓ Parent Education
- ✓ Drug-Free Workplaces
- ✓ Healthy Activities for Youth

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HCSAC uses multiple strategies over multiple sectors to reduce substance abuse problems.

- **Environmental Strategies**  
Reduce underage access to alcohol at home and in the community.
- **Positive Alternative Activities for Youth**  
Increase opportunities for youth to participate in healthy activities and build relationships with supportive adults.
- **Evidence-Based Programming**  
Provide youth and families with proven strategies to reduce substance abuse.
- **Social Norms**  
Correct misconceptions about substance abuse and reduce the acceptability of risky behaviors.
- **Strengthen Collaboration**  
Engage a wider range of members as Coalition partners to coordinate common efforts.

HCSAC seeks the involvement of individuals from these community sectors:

- Schools
- Local government
- Parents
- Media
- Health care
- Law enforcement
- Civic groups
- Youth
- Business
- Youth serving organizations
- Substance abuse treatment
- Religious
- At large members