

**Healthy Henry County Communities
Monthly Board Meeting
April 12th, 2011**

The regular monthly meeting of the Healthy Henry County Communities Board of Directors was held on Tuesday, April 12th, 2011 in the HEC.

Todd Meyer called the meeting to order at 1:04 PM

Board members present: Deb Batey, Linda Boshart, Bob Cardoni, Karen Bates Chabal, Paul Dennison, Sharon Ford, Anita Hampton, Dave Helman, Sarah Kaufman, Ed Kropa, Jane Lauer, Todd Meyer, Lisa Oetken, Beryl Shahan, Dan Spray, Kent White, Tessa Yakle, Stephanie Zinkle

Board members absent: Jennifer Lehman, Diane Magnani, Victor Oyervides, Chris Sywassink, Julie Wagner

Staff present: Linda Albright, Kelly Carr

Guests present: Stephanie Gardner, Cindy Litchfield, Shayla Malone, Jodi Sutter, Steph Tahtinen

Motion stated: To approve the amended agenda.

Moved: Bob Cardoni **Seconded:** Paul Dennison

Motion carried

Motion stated: To approve the amended March Minutes with the following change:

About 10% of school districts never applied for ~~scholarships~~ **universal pre-K grant funding through the Department of Education** (including Mt Pleasant and New London schools) so under the current plan they would not be eligible for money.

Moved: Ed Kropa **Seconded:** Bob Cardoni

Motion carried

Sending minutes: Kelly Carr asked the board members if they would prefer to have meeting minutes sent as soon as possible after the meeting or if they want to continue receiving them with the agenda for the next meeting. Consensus was that they would rather receive them with the agenda.

Treasurer's report:

Stephanie Zinkle reported cash on hand January 31, 2011 \$89,302.09 and February 28, 2011 \$85,263.79

Motion stated: To approve the January and February financials.

Moved: Beryl Shahan **Seconded:** Lisa Oetken

Motion carried. The January and February financials were filed for audit.

Adjusting CPPC budget: Carr reported that Cassie Alaniz-Gerst has asked if she could use some of the money budgeted for FUTURE for other CPPC projects. Her reasoning was that FUTURE doesn't have a lot of expenses, but CPPC is striving to enhance their levels of service and would like to provide some additional meetings and support. Anita Hampton helped provide an overview of CPPC and FUTURE for the board, but questions were raised about where the funds came from and if they were donated specifically for food for FUTURE.

Motion stated: To table this discussion until the next board meeting and gather more information about funding sources.

Moved: Bob Cardoni **Seconded:** Paul Dennison

Motion carried.

HHCC Finance Committee Selection: Carr reported that according to past meeting minutes, Zinkle, Diane Magnani, Ed Kropa, and Jane Lauer were on the finance committee last year. She asked if they wanted to stay on or if new members would volunteer. Lauer expressed a desire to go off the committee due to her lack of experience. Bylaws state that there must be 3 board members and the treasurer on the committee and no other members volunteered so Lauer agreed to stay on the committee.

Executive Committee Meeting report: Kent White summarized the Executive Committee meeting minutes.

School to Career Update: Carr summarized a report from Diane Magnani about their recent event, Life Beyond Textbooks. There were about 80 high school students in attendance from New London, Mt. Pleasant and WACO. Winfield-Mt. Union was unable to meet the requirement of having at least one person to be a table leader so they did not participate. There were 12 business leaders with 6-7 students from the different schools at each table. They covered topics including careers, charities, and ethics. "Water a Thirsty World" gave a presentation about their program and demonstrated the water purification system at each table. Activities included tables acting as the UW board and deciding how to allocate funds to the different organizations, acting as a committee handing out an educational scholarship to 1 of 4 students with different flaws, and deciding how to ration only 2.5 gallons of water for a week. Carr stated that the students seemed to enjoy the event and were engaged throughout and thought the event went really well. She stated that Magnani did not have results from the student evaluations yet. Board members expressed praise and appreciation for the program.

Daddy Boot Camp: Stephanie Gardner presented an overview of the Daddy Boot Camp program. This program is designed to help soon-to-be dads know what to expect when their babies come. It's for guys only so they can ask questions, practice with a live baby, and learn a little about what to expect from the new mom. The program is nation-wide with 4 hospitals in Iowa participating. Participants generally attend two meetings – one training before their babies are born and hopefully one as "veteran dads" at a meeting after their babies are born. The meetings could be tied in with the labor and delivery classes currently offered by HCHC. Gardner has talked with Burlington and Washington hospitals about putting fliers up there to attract more dads. Meeting materials cost \$10 per participant so we could charge those coming from other areas. Gardner reported she already has quite a few dads interested in training to be a boot camp coach including Jeremy Klopfenstein and Kiley Miller. It was discussed that there are no other programs currently providing this service. The cost to have a trainer come here is \$750 plus travel and we could hopefully get a coach from the Midwest to reduce those expenses. There is also a one-time \$1000 license fee and there is a way for us to hold the license and charge other hospitals to use it. The possibility of having a bi-lingual class was brought up, but a Spanish speaking trainer would need to be found. Gardner suggested paying the coaches \$100 per class. Total start-up costs are estimated at \$4700. Linda Albright reported that the source of the funds would be the Child and Family fund which has \$17,312 that has been accumulating over several years. Karen Bates Chabal suggested applying for United Way funds for this, but it was decided that since HHCC had the money we would fund it and get it started and then possibly apply for United Way or Early Childhood money in the future to keep it going.

Motion stated: To fund the start up costs for the Daddy Boot Camp.

Moved: Paul Dennison **Seconded:** Ed Kropa

Motion carried.

CHNA HIP:

Albright reminded the board that staff was asked to look at the CHNA HIP document as well as the current programming to determine the viability of funding. She stated they would wait to review current programming until June when the budgets were set and start with the Health Improvement Plan. The first part on substance abuse will be discussed at the May meeting when Jennifer Lehman can present on it.

The first topic addressed was to reduce the Henry county motor vehicle mortality. Helman reviewed the distracted driving program that was done in area schools last year and praised the dedication of State Trooper Jason Marlow, Sheriff Allen Wittmer and Deputy Chad Doak. He stated that they had positive feedback and have a request from WACO for another presentation. Tessa Yakle added that April is National Distracted Driving month. Helman suggested doing a student evaluation next time and mentioned that the committee is all volunteers and takes a time commitment. Jodi Sutter added that they are looking at the materials from the DOT on this topic and will incorporate some of those. Albright asked if there were any volunteers to join a committee and Sarah Kaufman volunteered. Yakle is putting the committee together and asked for any potential volunteers to contact her.

The second topic addressed was to reduce mortality from falls. Bates Chabal reported that the new RSVP grant year begins July 1st. She has been looking into a program currently in Johnson County where senior volunteers do safety inspections in the home for people at risk of falls. They partner with the fire and police departments and possibly EMS. The seniors do thorough security assessments of the home as well as look for fall hazards. Issues still needing addressed here include how to get referrals and recruit seniors willing to do the assessments. Albright reminded the board to spread the word about these programs and if anyone wishes to volunteer or knows someone who would be interested to contact Karen.

Sutter discussed environmental health hazards and reported that their largest problem is housing issues and that they still have open lead cases from 1993. She stated that they identify issues, but the problems are often too big and too costly and there is no funding available. Most of the homes are owner-occupied and many of them can only fix some of the problems. She talked about a new program, Healthy Homes, which will go beyond lead and look at all home safety issues like mold and moisture problems, radon awareness, and carbon monoxide and smoke detector usage. Sutter stated the problem with that program would be the homeowner's time commitment since lead inspections already take 2-3 hours.

On the topic of obesity, Yakle reported that we would be applying for a new Wellmark grant focusing on senior health. She also announced her new walking program that would kick off May 2nd with money from the Enhance Henry County Communities Foundation. Sign up is from 11-1 in the hospital cafeteria or by e-mailing her. The program will run May 3 – June 30 with prizes and pedometers handed out.

Community health rankings were discussed and Albright decided to put that on next month's agenda.

Community Forum: Albright reported that after discussing the current programming and the health improvement plan that there were not enough board members to take on the needed grassroots initiatives. She stated that we need a new pool of volunteers and community input into what they think the needs are similar to what was done in 1999 and 2000. She stated that she and Carr will have a conference call with the same people in St Joseph, Missouri and the same facilitator used before to talk about options to adapt the conference to meet our current needs and determine a cost to bring back to the board. Albright talked about funding options that were discussed at the executive committee meeting. There is about \$10,000 in the Rec Trail fund and she talked about the possibility of contacting the donors to let them know we would like to redistribute the funds. The Skate Park fund has about \$4,000 but she has learned that New London is going to be moving ahead with their skate park as part of a larger park project in their long term plan.

She also reminded the board that they have a CD in the bank worth around \$34,000 and some of that money could be used. She talked about the importance of selecting the right people to attend. Helman expressed concern that we don't need additional issues to tackle, but instead need a new way to find and motivate volunteers. Albright will report back after the conference call.

Announcements: None.

The meeting was adjourned at 2:29 PM.

Minutes by Kelly Carr, approved by Beryl Shahan, Board Secretary.